## Breakfast

## **DECEMBER** 2022

ALL BREAKFASTS INCLUDE MILK, FRUIT JUICE OR FRESH FRUIT AND CHOICE OF MEAT. CEREAL AND **POPTART MEALS ARE ALSO** AVAILABLE.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
			1 DOUGHNUTS	2 CINNAMON ROLLS		
5 FRUDEL	6 WAFFLES	7 SAUSAGE BISCUIT	8 BREAKFAST WRAP SAUSAGE OR BACON	9 CINNAMON ROLLS		
12 BAGELS	13 FRENCH TOAST	14 CHICKEN BISCUIT	15 CHEESE OMELET	16 CINNAMON ROLLS		
19 CHRISTMAS BREAK	CHRISTMAS BREAK	CHRISTMAS BREAK	CHRISTMAS BREAK	CHRISTMAS BREAK		
26 CHRISTMAS BREAK	CHRISTMAS BREAK	CHRISTMAS BREAK	29 CHRISTMAS BREAK	30 CHRISTMAS BREAK		
PLEASE VISIT FAMILY.TITANK12.COM TO CHECK YOUR STUDENT'S MEAL ACCOUNT AND ADD FUNDS IF NEEDED!						

Lunch		DECEMBER 2022		ALL LUNCHES INCLUDE MILK, FRUIT JUICE OR FRESH FRUIT. SANDWICH MEALS, PIZZA, SALADS AND HUMMUS ARE AVAILABLE DAILY.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 SPAGHETTI W/ MEATBALLS GREEK SALAD	2 HAMBURGERS BAKED BEANS FRENCH FRIES
5 TANGERINE CHICKEN FRIED RICE / EGGROLL FORTUNE COOKIE	6 CRISPITOS W/ CHEESE SAUCE BLACK BEANS & CORN	7 CHICKEN ALFREDO RANCH BROCOLLI	8 BIG BREAKFAST!	9 HAMBURGERS BAKED BEANS FRENCH FRIES
12 LASAGNA SALAD GARLIC BREAD	13 PIZZA DAY! Raw Veggies w/ Ranch Dressing	14 CAJUN GUMBO CORN BREAD	15 BEEF NACHOS CHEESE SAUCE, CORN &CHILI BEANS	16 HAMBURGERS CHIPS EARLY RELEASE DAY!
19 CHRISTMAS BREAK	CHRISTMAS BREAK	CHRISTMAS BREAK	CHRISTMAS BREAK	CHRISTMAS BREAK
26 CHRISTMAS BREAK	CHRISTMAS BREAK	28 CHRISTMAS BREAK	CHRISTMAS BREAK	CHRISTMAS BREAK